

# Become a Certified, Holistic Addiction Medicine Counselor!

*1-Year Online Training: 2021*



Join **Bitten Jonsson**, world-renowned trainer of Sugar Addiction Counselors, for this year's evidence-based certification course on Holistic Medicine for Addiction (HMA).

Healthcare professionals of all types: In just one year, you'll become fully qualified to work in the fast-growing field of sugar addiction treatment! This online course is held live, via Zoom, with self-study between sessions. It includes video and workbook resources that will prepare you to launch your own private practice, join an existing practice, and/or present your own Intensive events for detoxification and relapse prevention.

Led by Bitten Jonsson, with 27 years of experience, 2021's powerhouse faculty also features other celebrated experts in addiction medicine, research, nutrition and treatment. An optional, four-day, face-to-face Intensive in Bristol, UK is recommended as a complement to this course (September 28<sup>th</sup> to October 1<sup>st</sup>, 2021).

*“One of the leading  
sugar educators in  
the world.”*

— Mike Collins, Founder of  
[www.SugarAddiction.com](http://www.SugarAddiction.com)

Gain professional-level knowledge of addiction as a primary, chronic, progressive brain illness. Learn in-depth about:

- Addiction Interaction Disorder (AID) “one disease, many outlets”
- Biochemical repair (the missing link in modern addiction treatment protocols).

Comprehensive topics include: ● Metabolic syndrome ● Craving management

- The role of Oxytocin in volume eating
- Detoxification/withdrawal from sugar, flour and processed foods.

Learn to successfully guide clients in:

- Nutrition for the addicted brain (Low-Carb, High Healthy Fat [LCHF/Keto])
- Adaptation of Food Plans ● DSM-5, ICD-10/11 ● Screening, assessment evaluation and diagnosis (SUGAR<sup>®</sup>, ADDIS<sup>®</sup>, GAMES<sup>®</sup>)
- The role of Integrative and Orthomolecular medicine in modern addiction treatment ● Relapse prevention, protocol and treatment ● De-shaming
- Solution-oriented, brief intervention protocols ● The importance of self-help groups ● Lifelong maintenance protocol
- Extensive recovery skills, and more.



For complete information visit

[www.bittensaddiction.com](http://www.bittensaddiction.com)

or email

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